

Clinical/Research Fellowship in Family Therapy

Fellowship Overview:

Main Location: Calgary Family Therapy Centre (CFTC) located at One Executive Place in Northwest Calgary

Supervisors:

Karl Tomm MD FRCPC, Sally St George PhD, Dan Wulff PhD, Jeff Chang PhD, Alan McLuckie PhD, Emily Doyle PhD, Monica Sesma MSW PhD, Joanne Schultz-Hall MA RMFT, Shannon McIntosh MSW RSW, Tamara Wilson MA RPsych, Sumerlee Samuels MA RPsych

Level of Training:

Post-Specialty training

Length of Fellowship:

12 months

Program Description:

Fellows will participate actively in the clinical, educational, and research work of the Calgary Family Therapy Centre. The experience includes:

- At least 1 graduate-level theory course in family therapy practice
- Participation in a multidisciplinary family therapy team with other graduate students
- Observation of clinical interviews conducted by staff therapists and other graduate interns
- Participation on “reflecting teams” to offer feedback to families and other trainees
- Delivery of family therapy services, under supervision, using one-way screens, intercom, and bug-in-the-ear (optional)
- Experience with a wide range of families having difficulties with their children and adolescents
- Additional enriched supervision of clinical skills using review of video recordings of one’s own interviews
- Clinical teaching and supervision of clinical clerks, other family therapy interns, and/or psychiatry residents
- Participation in CFTC research seminars and in a specific research project
- Participation in a journal club and/or a family therapy author’s group

Educational Objectives (knowledge, skills, attitudes):

At the end of the fellowship, the fellow will be expected to:

- Apply systems theory concepts to assess families as dynamic evolving interpersonal relationship systems
- Identify cultural values and societal discourses that influence family relationships
- Maintain multi-directional partiality (neutrality) in the conduct of conjoint family interviewing
- Conduct skilled clinical interviews with a variety of families and problematic situations
- Clarify specific Pathologizing Interpersonal Patterns (PIPs) in families presenting with problems
- Formulate Healing Interpersonal Patterns (HIPs) as possible antidotes to specific PIPs
- Ask a series of reflexive questions to facilitate movement from PIPs to HIPs

- Conduct externalizing conversations to separate problems from family members
- Ask a series of reflexive questions to bring forth and stabilize Wellness Interpersonal Patterns (WIPs)
- Work clinically in a multi-disciplinary service and accept feedback from colleagues
- Develop and carry out a research project and/or publish in a peer reviewed journal

Description of Supervision:

A primary clinical supervisor will be appointed (probably Dr. Karl Tomm), but the fellow will have access to several other supervisors at CFTC. Research supervision will be provided by an academic faculty member.

Evaluation Method:

- Ongoing formal and informal feedback from supervisors
- One measure of successful completion will be an academic presentation at grand rounds or one publication in a peer reviewed journal.

Salary:

An honorarium (\$72,000 annually) is available on a competitive basis. Fellows with a license and qualified to bill Alberta Health Care Insurance Plan may bill fee-for-service for up to one day of clinical work per week for patients outside the CFTC and may take on-call duties outside working hours.

Qualifications:

- MD and FRCPC or equivalent
- License to practice medicine in Alberta

Contact:

For more information contact:

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